Unit Name	Lesson title	Year group
Diversity and inclusion	Challenging prejudice and discrimination	10
Diversity and inclusion	Know your rights: the Equality Act 2010	11
Diversity and inclusion	Staying safe: recognising harassment and abuse	12
Diversity and inclusion	Understanding cultural identity and cultural competency	12
Diversity and inclusion	Intersectionality, marginalisation, and privilege	13
Diversity and inclusion	Understanding inclusion	13
Life skills	Managing risk: unsafe and emergency situations	10
Life skills	Planning and organising: revising effectively	10
Life skills	Bullying: offline and online	10
Life skills	Gambling: risks, consequences, and safety	11
Life skills	Financial choices: managing finances in the world of work	11
Life skills	Staying safe: exiting aggressive social situations	12
Life skills	Staying safe: protecting your finances	12
Life skills	Staying safe: dangerous and emergency situations	12
Life skills	Financial choices: working and earning	13
Life skills	Staying safe: transport and travel	13
Life skills	The role of constructive criticism	13
Online safety	Staying safe online: protecting your personal data	10
Online safety	Staying safe online: AI, risks, and critical thinking	10

Online safety	Staying safe online: misinformation and extremism	11
Online safety	Staying safe online: harmful content and scams	11
Online safety	Staying safe: setting boundaries online	12
Online safety	Online influence: extremism and AI	12
Online safety	Understanding online misinformation	13
Physical health	Alcohol: risks, consequences, and safety	10
Physical health	What is a healthy lifestyle?	10
Physical health	Health-related choices: blood, organ and stem cell donation	10
Physical health	Health-related choices: aesthetic procedures	10
Physical health	Illegal drugs: risks, consequences, and support	11
Physical health	Substance addiction: how to seek help	11
Physical health	Managing our health: services and support	11
Physical health	Managing our health: screening, prevention, and medicines	11
Physical health	Staying safe: alcohol and binge-drinking	12

Physical health	Staying safe: recreational drugs	13
Physical health	Leaving home: building a healthy lifestyle	13
Relationships, family and friend	Navigating social influence and pressure	10
Relationships, family and friend	Changing relationships: managing your feelings	10
Relationships, family and friend	The impact of relationships	10
Relationships, family and friend	Recognising and challenging misogyny	10
Relationships, family and friend	Navigating changes in romantic relationships	11
Relationships, family and friend	Rights and responsibilities: marriage and civil partnerships	11
Relationships, family and friend	Taking others' perspectives	11
Relationships, family and friend	Control, coercion, and grooming	11
Relationships, family and friend	Respectful relationships: trust and intimacy	12
Relationships, family and friend	Respectful relationships: ending relationships	12
Relationships, family and friend	Understanding forced marriage	13
Relationships, family and friend	Respectful relationships: meeting new people	13
Relationships, family and friend	Respectful relationships: values and differences	13
Relationships, family and friend	Relationships, power imbalances, and exploitation	13
Reproductive health, consent, and sex	Sexuality and attraction: coming out	10
Reproductive health, consent, and sex	Understanding pregnancy: your choices	10
Reproductive health, consent, and sex	Sexual health: choosing and accessing contraception	10
Reproductive health, consent, and sex	Understanding menstrual health: conditions and self-advocacy	10

Reproductive health, consent, and sex	Stalking, sexual harassment, and reporting	10
Reproductive health, consent, and sex	Understanding pornography	11
Reproductive health, consent, and sex	Understanding consent and intimacy: offline and online	11
Reproductive health, consent, and sex	Sexual health: preventing and treating STIs	11
Reproductive health, consent, and sex	Understanding fertility, parenthood, and pregnancy loss	11
Reproductive health, consent, and sex	Making choices about pregnancy and parenthood	12
Reproductive health, consent, and sex	Making choices about your sexual health	12
Reproductive health, consent, and sex	Sexual harassment, reporting, and bystander action	12
Reproductive health, consent, and sex	Consent matters	13
Reproductive health, consent, and sex	Pregnancy and parenthood: revisited	13
Reproductive health, consent, and sex	Pornography: influence and harm	13
Wellbeing and mental health	Recognising strengths in ourselves and others	10
Wellbeing and mental health	An introduction to body image	10
Wellbeing and mental health	Mental health: building resilience	11
Wellbeing and mental health	Mental health: recognising challenges and accessing support	11
Wellbeing and mental health	Body enhancement	12

Wellbeing and mental health	Acknowledging skills and assets	12
Wellbeing and mental health	Mental health: accessing support	13

Unifrog topic label	**Course title**	**Suggested year group**
Life skills	The truth about gambling and gaming	10-13