

KNOW & SEE THE SIGNS



When is a friend, not a friend?

Recognising if you are being exploited is hard. It could be a friend, a group of friends or even someone you consider to be in a relationship with. If you know and can see the signs you can do something about it.

- NEW INTERNET FRIENDS**
Older people you may not know requesting to add or follow you online and sending you private messages.
- GIFTS & BRIBERY**
They give you money and gifts, invite you to parties and offer you drugs and alcohol to make you feel special but expect something in return.
- SEXUAL PRESSURE**
They put pressure on you to have sex with them or with someone they know. You may feel you need to do this for them to like you.
- HUMILIATION**
They take pictures or film you and threaten to post them online. They make you look at images that make you feel uncomfortable.
- VIOLENCE**
They threaten you or use violence if you don't do what they want. They promise they won't do it again but they do.



ELLA'S STORY

Dan and I used to hang out with his mates and they spoiled me, buying me drinks and cigarettes. In the early days we had such a great time, finally I felt wanted. The fun stopped when he invited one of his mates to have a threesome. He told me it was the least I could do, considering his mate had put on the party. Over the next few months, things got worse and he became abusive, hitting me if I refused to have sex with his mates.



JOSH'S STORY

Peter and I would go to nice places and he bought me presents like an iPod and paid for me to have my ear pierced. He took me to stay in hotel rooms and at first it felt nice. We started to have sex and that was when things changed. Peter wanted to do things that I felt uncomfortable with. When I refused, he became violent and threatened to post my naked photographs on the internet. I had to do what he wanted. I was too ashamed to get help.

If you have experienced something similar, call in confidence:

Barnado's on **0121 3595333**

ChildLine on **0800 1111**

NSPCC Helpline on **0800 800 5000**

Child Sexual Exploitation is abuse and a crime.
If you think you or someone you know is being sexually exploited, help is available.
www.knowandsee.co.uk

Report abuse:
Call Police on 101

Report abuse anonymously:
Call Crimstoppers on 0800 555 111

Report someone in immediate danger:
Call Emergency Services on 999